

Anastasia Evsigneeva is a contemporary dance and circus artist of Russian origin. In 2019 she graduated from the School of Contemporary Dancers and University of Winnipeg with a BA Honors in Dance. Her dance training is enhanced by somatic practices, intense contortion, hand balancing, and partner acrobatics. Anastasia is currently participating in an Artistic Residency with New Dance Horizons under the mentorship of Robin Poitras and Edward Poitras. In August 2019 she started learning silk dance technique under Robin Poitras' guidance. Inspired by working with Robin, she created a choreographic duet titled TANGLED in collaboration with Anna Protsiou which was developed into a short dance film in Summer/Fall 2020. With support from the Canada Council for the Arts, Anastasia co-directed with Anna her first self-produced show, Moving Roots: Reflections, which premiered in Winnipeg in June 2022.