

## **Kathleen O'Reilly**

I have been on the Board of New Dance Horizons for the past 3 years. Previously I have served on several boards including the Regina Humane Society, Planned Parenthood, and the Regina Board of Education. I received my PhD from McGill University, and I am a teacher educator and the Indigenous Education Graduate Studies coordinator at First Nations University of Canada, University of Regina. I teach a variety of classes, including research with Indigenous Peoples, literacy, justice studies and anti-racist education. I recently co-authored the award-winning children's book, *Grandfather's Reminder*, done in conjunction with Touchwood Hills Tribal Agency Elders, Knowledge Keepers community members and academics. The book is written in Cree, Saulteaux and English. I believe that dance is part of who we all are. Since our first murmurings in our mothers' wombs, we have always danced. No matter how we move, and who or what moves us, dance can help us see ourselves as we are, and as we want to be. Dance tells our stories of love, longing, sorrow, anger, hope, and joy. Dance is an outward expression of our hearts, our spirits and our souls.